

Botanical Name - Cardia dichotoma

Common Name - Indian cherry, Gunda



Uses

1. Fruit consumption: The ripe fruits are edible and have a sweet, mucilaginous taste.
2. Pickle preparation: Unripe fruits are used in making pickles.
3. Cough treatment: The mucilaginous properties of the fruit soothe the throat.
4. Laxative: The fruit pulp is used as a natural laxative.
5. Dysentery remedy: Decoctions made from the bark are used in traditional medicine for dysentery.
6. Skin care: Paste from the leaves or bark is applied to wounds or boils.
7. Fever reduction: Leaf decoctions help reduce fevers.
8. Anti-inflammatory: Extracts from the plant are used to reduce swelling and inflammation.
9. Respiratory relief: Bark and fruit decoctions help treat asthma and bronchitis.
10. Diuretic: Used to promote urine flow in traditional medicine.
11. Wood usage: Its wood is used for making agricultural tools and furniture.