

***Botanical Name - Lawsonia inermis***

***Common Name - Henna, mahendi***



### Uses

1. Weddings: Mehndi is an integral part of bridal adornment, symbolizing love, prosperity, and good luck.
2. Festivals: Applied during Eid, Diwali, and other cultural celebrations as a form of auspicious decoration.
3. Religious Ceremonies: Used in various rituals to bless and protect participants.
4. Body Art: Acts as a natural, temporary tattoo for aesthetic purposes.
5. Cooling Agent: Mehndi paste is applied to palms soles for its cooling properties, especially in hot climates.
6. Hair Conditioner: Applied to hair as a natural conditioner, adding shine and strength.
7. Natural Dye: Used as a hair dye or textile dye due to its rich color.
8. Medicinal Uses: Known for antibacterial, antifungal, and anti-inflammatory effects, it's applied to wounds and skin irritations.
9. Anti-Dandruff: Mixed with other herbs, it helps to reduce dandruff when applied to the scalp.
10. Symbol of Celebration: A sign of joy and celebration, especially in South Asian and Middle Eastern cultures.

11. Protection Against Evil Eye: In some traditions, it's believed to ward off negative energy.

12. Pregnancy Blessing: Applied to expectant mothers as a protective and blessing ritual in some cultures.

13. Marking Transitions: Used during rites of passage, marking significant life stages.

14. Aromatic Uses: Sometimes infused in oils or perfumes for a pleasant fragrance.

15. Nail Health: Applied to nails to prevent fungal infections and strengthen them.

