Botanical Name- Plumaria alba Common Name – White Champa



<u>Uses</u>

1. Ornamental: Grown for its beautiful, fragrant flowers.

2. Aromatherapy: Provides relaxation and stress relief.

3. Skin care: Treats rashes, wounds, and acne.

4. Traditional medicine: Used to treat ulcers and skin conditions.

- 5. Hair care: Used in oils for healthy hair.
- 6. Anti-inflammatory: Reduces swelling and pain.
- 7. Digestive aid: Bark extract helps relieve constipation.
- 8. Antimicrobial: Fights infections and promotes healing.
- 9. Perfume production: Fragrance used in perfumes.
- 10. Mosquito repellent: Smoke from leaves deters insects.