

Botanical Name- Ravolfia tetraphylla

Common Name - Wild Snake Plant



Uses

1. Treats hypertension (high blood pressure).
2. Acts as a sedative for anxiety and insomnia.
3. Used as an antipsychotic in some mental health disorders.
4. Helps in managing tachycardia (rapid heart rate).
5. Alleviates symptoms of schizophrenia.
6. Used in traditional medicine for malaria treatment.
7. Has anti-inflammatory properties.
8. Relieves pain and acts as an analgesic.
9. Acts as a muscle relaxant.
10. Used for reducing fever.
11. Supports digestive health by relieving constipation.
12. May help in managing diabetes.
13. Enhances liver function.