Botanical Name- - Vincetoxicum indicum Common Name - Antamul



<u>Uses</u>

- 1. Treats asthma and bronchitis.
- 2. Relieves chronic cough and cold.
- 3. Acts as an expectorant for respiratory health.
- 4. Alleviates indigestion and bloating.
- 5. Works as a natural purgative.
- 6. Eases constipation.
- 7. Treats skin allergies and eczema.
- 8. Reduces inflammation in arthritis.
- 9. Provides relief from joint pain.
- 10. Detoxifies the body naturally.