## Botanical Name- Santalum album L. Common Name – Sandalwood



## Uses

- 1. Aromatherapy for relaxation
- 2. Meditation and mindfulness aid
- 3. Base note in perfumes
- 4. Skin care (treats acne, blemishes)
- 5. Antiseptic for minor cuts and wounds
- 6. Reduces inflammation
- 7. Ayurvedic treatments
- 8. Herbal tea for calming
- 9. Stress-relief incense
- 10. Spiritual and religious rituals
- 11. Natural deodorant
- 12. Room freshener and diffuser
- 13. Promotes sleep quality
- 14. Massage oil for relaxation